

# MEMORIAL DAY PICNIC

## WHAT YOU'LL NEED

Tablecloth | Festive Napkins  
American Flags | Colorful Veggie  
Pasta | Watermelon | Cookies  
Grilled Corn Cup Cocktail |  
Favorite Refreshing Drink



### Sugar Cookies

#### You'll need

- 2 3/4 cups all-purpose flour
- 1 tsp baking soda
- 1 cup softened butter
- 1 1/2 cups sugar
- 1 egg
- 1 tsp vanilla extract

#### Topping

- 2 Tbsp sugar
- 2 Tbsp cinnamon



### Corn Cup Cocktail

#### You'll need

- Small glass
- Grilled or roasted corn
- Mexican cream
- Queso fresco
- Lime juice
- Cilantro
- Chili powder
- Melted butter

#### Directions

Grill, roast or boil your corn, remove kernels and set aside. Melt a couple of tablespoons of butter or ghee and set aside. Rim your glass with lime juice and sprinkle chili powder all over the edge so that it sticks.

#### Assembly

First, start with corn, add 1 Tbsp melted butter, queso fresco, cilantro, Mexican cream, and repeat it. Top with lime juice, chili powder, and flaky salt. Enjoy!

Don't forget to download our veggie pasta recipe!



## Setting up

- Lay out a tablecloth and decorate each place setting with a napkin and a flag!
- Make your colorful veggie pasta the centerpiece.
- Use fresh fruit to add color and flavor to your picnic.
- Bake some cookies for a sweet treat.



Download for easy viewing



Share

HealthShare  
**Altrua**